INTERNATIONAL JOURNAL OF AYURVEDA & ALTERNATIVE MEDICINE

INSTRUCTIONS FOR AUTHORS

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A manuscript reference number will be mailed to the corresponding author within three working days. The cover letter should include the corresponding author's full address and telephone/fax numbers and should be sent to the Editor, with the file, whose name should begin with the first author's surname, as an attachment.

Title: The Title should be as brief as possible describing the contents of the paper. The Title Page should include the authors' full names and affiliations, the name of the corresponding author along with phone, fax and E-mail information. Present addresses of authors should appear as a footnote.

Abstract: The Abstract which should be included at the beginning of the manuscript should be informative and completely self-explanatory, briefly present the topic, state the scope of the experiments, indicate significant data, and point out major findings and conclusions. The Abstract should not be more than 250 words in length. Complete sentences, active verbs, and the third person should be used, and the abstract should be written in the past tense. Following the abstract, about 3 to 6 key words that will provide indexing references to should be listed.

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Abbreviation: Each abbreviation should be spelled out and introduced in parentheses the first time it is used in the text. Only recommended SI units should be used.

Introduction: The Introduction should provide a clear statement of the problem, the relevant literature on the subject, and the proposed approach or solution. It should be understandable to colleagues from a broad range of scientific disciplines.
Materials and methods: Materials and methods should be complete enough to allow experiments to be reproduced. Only truly new procedures should be described in detail; previously published procedures should be cited, and important modifications of published procedures should be mentioned briefly. Subheadings should be used. Methods in general use need not be described in detail.

Results: Results should be presented with clarity and precision. The results should be written in the past tense when describing findings in the authors' experiments. Previously published findings should be written in the present tense. Results should be explained, but largely without referring to the literature.

Discussion: Discussion, speculation and detailed interpretation of data should not be included in the Results. The Discussion should interpret the findings in view of the results obtained in this and in past studies on this topic.

Conclusions: State the conclusions in a few sentences at the end of the paper.

Acknowledgments: The Acknowledgments of people, grants, funds, etc should be brief.

Tables: Tables should be simple and kept to a minimum. Tables should be typed single-spaced throughout, including headings. Tables should be self-explanatory without reference to the text.

Figure: Figures on a separate sheet. Graphics should be prepared using applications capable of generating high resolution JPEG or Powerpoint before pasting in the Microsoft Word manuscript file. Tables should be prepared in Microsoft Word. Use Arabic numerals to designate figures and upper case letters for their parts (Fig 1).

References:
- Book reference:
- Article reference:
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