

INTERNATIONAL JOURNAL OF AYURVEDA & ALTERNATIVE MEDICINE

INSTRUCTIONS FOR AUTHORS

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Electronic submission of manuscripts is strongly encouraged, provided that the text, tables, and figures are included in a single Microsoft Word file. You may also submit manuscripts as e-mail attachment to the journal Office at: editorijaam@gmail.com A manuscript reference number will be mailed to the corresponding author within three working days. The cover letter should include the corresponding author's full address and telephone/fax numbers and should be sent to the Editor, with the file, whose name should begin with the first author's surname, as an attachment.

Title: The Title should be as brief as possible describing the contents of the paper. The Title Page should include the authors' full names and affiliations, the name of the corresponding author along with phone, fax and E-mail information. Present addresses of authors should appear as a footnote.

Abstract: The Abstract which should be included at the beginning of the manuscript should be informative and completely self-explanatory, briefly present the topic, state the scope of the experiments, indicate significant data, and point out major findings and conclusions. The Abstract should not be more than 250 words in length. Complete sentences, active verbs, and the third person should be used, and the abstract should be written in the past tense. Following the abstract, about 3 to 6 key words that will provide indexing references to should be listed.

Key Words: About 3 to 5 key words that will provide indexing references to should be listed

Abbreviation: Each abbreviation should be spelled out and introduced in parentheses the first time it is used in the text. Only recommended SI units should be used.

Introduction: The Introduction should provide a clear statement of the problem, the relevant literature on the subject, and the proposed approach or solution. It should be understandable to colleagues from a broad range of scientific disciplines.

Materials and methods: Materials and methods should be complete enough to allow experiments to be reproduced. Only truly new procedures should be described in detail; previously published procedures should be cited, and important modifications of published procedures should be mentioned briefly. Subheadings should be used. Methods in general use need not be described in detail.

Results: Results should be presented with clarity and precision. The results should be written in the past tense when describing findings in the authors' experiments. Previously published findings should be written in the present tense. Results should be explained, but largely without referring to the literature.

Discussion: Discussion, speculation and detailed interpretation of data should not be included in the Results. The Discussion should interpret the findings in view of the results obtained in this and in past studies on this topic.

Conclusions: State the conclusions in a few sentences at the end of the paper.

Acknowledgments: The Acknowledgments of people, grants, funds, etc should be brief.

Tables: Tables should be simple and kept to a minimum. Tables should be typed single-spaced throughout, including headings. Tables should be self-explanatory without reference to the text.

Figure: Figures on a separate sheet. Graphics should be prepared using applications capable of generating high resolution JPEG or Powerpoint before pasting in the Microsoft Word manuscript file. Tables should be prepared in Microsoft Word. Use Arabic numerals to designate figures and upper case letters for their parts (Fig 1).

References:

• **Book reference:**

1. Sharma PV, Guru Prasad Sharma, editors. Dhanvantari Nighantu. 4th ed. Varanasi: Chaukhamba Orientalia; 2005.p.78.

• **Article reference:**

1. Winter CA, Risley EA, Nuss GW. Carrageenan induced edema in hind paw of rat as an assay for anti inflammatory drugs. Proc Soc Exp Biol 1962; (111):544.

• **Website reference:**

1. <http://www.weebly.com/weebly/instructionsforauthors.php> [Accessed date 25.10.2013]

Ethical Guidelines

Studies on human beings should indicate whether the procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional or regional) and with the Helsinki Declaration of 1975, as revised in 2000 (http://www.wma.net/e/policy/17-c_e.html) A statement on ethics committee permission and ethical practices must be included in all research articles under the 'Materials and Methods' section.

Evidence for approval by a local Ethics Committee (for both human as well as animal studies) must be supplied by the authors on demand. The ethical standards of experiments must be in accordance with the guidelines provided by the CPCSEA and World Medical Association Declaration of Helsinki on Ethical Principles for Medical Research Involving Humans for studies involving experimental animals and human beings, respectively). **The journal will not consider any paper which is ethically unacceptable.**

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